

WHAT

UW-La Crosse CO-ED Learn By Doing Pole Vault Clinic

New Format: Session #1: beginner vaulters (vaulters with little or no vaulting experience)

Session #2: Intermediate and advanced (vaulters with experience looking for advanced instruction)

WHERE

Mitchell Hall Field House
University of Wisconsin-La Crosse

WHEN

Sunday, March 9, 2008

Late Registration: ½ hour before each session

Session I begins: 9:00 a.m.

Session II begins: 1:00 p.m.

WHO MAY ATTEND

Open to all High School students. Coaches are also welcome and will be admitted free with the registration of an athlete.

TYPE OF CAMP

This is a developmental clinic to help you to become a better vaulter or coach. The clinic is designed to teach progressions, offer constructive criticism, and give you assistance in workout development.

DEADLINE FOR PRE-REGISTRATION

Must be received by Friday, March 7, 2008

COST

Pre-registration	\$25.00
Registration the day	\$30.00

WHAT IS INCLUDED IN THE CLINIC

- Instruction
- Excellent staff and counselors
- T-shirt to all registrants

WHAT TO BRING

- Workout Clothes
- Lock for your locker
- Vaulting Poles

SHOES

NO SPIKES will be allowed

EMERGENCY TELEPHONE

(608) 785-8061 is the telephone number of our campus security.

ADDITIONAL INFORMATION

If, after reading this brochure you still have questions, feel free to contact:

Bill DeVoe
Co-Director
(608) 847-5274
mhsctnf@mchsi.com



CAMP REGISTRATION FORM

Name _____

Street _____

City _____

State _____ Zip _____

High School _____

Current Year in High School _____

I will attend: Please circle: Session #1

Session #2

Enclosed please find my \$25.00 registration fee for the CO-ED Pole Vault Clinic. I understand that this fee is **NON-REFUNDABLE**.

Checks payable to: UW-La Crosse Track

Parent or Guardian Sign Below:

I, _____,

Give permission for my son/daughter to be treated for an injury sustained at the UW-La Crosse Track Clinic. I understand that all expenses are my responsibility as parent/guardian.

Return Form To: Pat Healy

**UW-La Crosse
1725 State Street
155 Mitchell Hall
La Crosse, WI 54601**