



# UW-Whitewater Annual Learn-By-Doing Clinic 2009



**Where:** UW-Whitewater Kachel Fieldhouse  
**When:** **Saturday Feb. 21, 2009**  
**10AM-3:30PM** (registration starts at 9:30am)  
**Who:** All high school athletes and coaches  
**What:** Instruction for beginner through advanced athletes

## 2009 UW-Whitewater Learn-By-Doing Clinicians

<b>Ross Kapp</b> (UW-Whitewater)	Throws (shot put & discus)
<b>John Houwers</b> (Whitewater HS)	Long Jump/Triple Jump
<b>Mark Maas</b> (Whitewater HS)	High Jump
<b>Matt Harris</b> (UW-Whitewater)	Pole Vault
<b>Jon Schellin</b> (UW-Whitewater)	Hurdles
<b>Dave Wiederrecht</b> (UW-Whitewater)	Sprints
<b>Chad Carstens</b> (Whitewater HS)	Mid-Distance with pool workout included (bring your swimsuit!)



**UW-Whitewater's annual Learn-By-Doing clinic will return once again this February, bigger and better than ever! Events covered at the clinic include: shot put, discus, long jump, triple jump, high jump, pole vault, hurdles, sprints and mid-distance. This year, we are proud to be providing a follow-up panel discussion with several UW-Whitewater ALL AMERICANS!!**

**Cost:** Includes registration, snack and dry-fit T-shirt  
**\$40.00 - Early Registration (until Feb.1)**  
**\$45.00 – Pre-Registration (Feb. 2-17)**  
**\$60.00 – On-site registration (Feb. 21)**

**Bring:** Shots, discs, poles, shoes (NO Spikes will be allowed)  
 Coaches and parents are welcome to observe at no cost, no video please.



**Contact Kara Krumenauer for further information.**  
[krumenak@uww.edu](mailto:krumenak@uww.edu), 262-472-5232

**Registration form on second page**

# Permission Registration and Agreement

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

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PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

HIGH SCHOOL \_\_\_\_\_

AREAS OF INTEREST \_\_\_\_\_ SHIRT SIZE \_\_\_\_\_

Mail full payment and completed form to

**Kara Krumenauer**  
**Roseman Building 2054**  
**UW-Whitewater**  
**800 W. Main St.**  
**Whitewater, WI 53190**

Please make checks payable to **Kara Krumenauer**. Registration fee is non-refundable. Please do not mail pre-registration forms after **Feb. 17.**

Schedule:	Registration	9:30am-10:00am
	Introduction	10:00am-10:15am
	Session I	10:15am-12:15pm
	Break	12:15pm-1:00pm
	Session II	1:00pm-3:00pm
	Follow-up	3:00pm-3:30pm

## Agreement

I, the undersigned, give permission for my son/daughter to be treated for an injury sustained at the UW-Whitewater LBD Clinic. I hereby expressly assume all risk of injury that could occur by participating. I also understand that all expenses are my responsibility as a parent/guardian.

Parent Signature \_\_\_\_\_

For more information, contact Kara Krumenauer at 262-472-5232 or [krumenak@uww.edu](mailto:krumenak@uww.edu).